

Divine Swiss Style Muesli with Pink Lady® Apples

Pink Lady® 



Is there a better way to start your day than with Ina Paarman's healthy homemade Muesli?
Oats, Pink Lady® apples, honey and a topping of vanilla yoghurt - YUM!

1½ cups (120 g) oats
2 cups (500 ml) apple juice
2 Pink Lady® apples - grated unpeeled
½ - 1 cup (125 ml - 250 ml) vanilla yoghurt
2 tablespoons (30 ml) honey
Pinch of salt
Fresh fruit in season

Soak the oats overnight in the apple juice.
Add grated Pink Lady® apples, yoghurt, honey and salt. Mix lightly.
Serve with fresh fruit of your choice.

Serves 4



www.pinklady.co.za

Created by:



**Pink Lady® so much
more than an apple!™**