



Pink Lady® trail mix

Makes 2 cups



Created by : Chad January

Ingredients:

- ♥ 5-6 Pink Lady® apples, thinly sliced into rounds
- ♥ 1 Tbsp (15ml) olive oil
- ♥ 2 Tbsp (30ml) lemon juice
- ♥ ¼ cup (60ml) chopped cashews
- ♥ ¼ cup (60ml) chopped Turkish apricots
- ♥ ¼ cup (60ml) raisins or cranberries
- ♥ ¼ cup (60ml) coconut flakes, toasted

Method:

1. Preheat oven to 100°C.
2. Place apple slices in a single layer on a greased baking tray. You might need more than one tray.
3. Brush with olive oil and lemon juice and bake for 1-2 hours until apples have dried out. (They will crisp up once cooled.)
4. Combine remaining ingredients together and add dried apple slices.
5. Store in an airtight container until ready to serve.

Pink Lady®

Make healthy living a part of your active lifestyle with Pink Lady® - naturally!

